ON-PAGE SEO Checklist

Research Top Performing Keywords. The best keyword terms are: Relevant to the main topic of your content, regularly searched by your target audience, and not too competitive.
Select Your Keyword. Assign your keyword to one page of your content. Start creating an editorial calendar for new content and assign a target keyword to each page.
Find More Related Keywords. Research related keywords or LSI keywords to add to your content. Don't duplicate content by assigning your main keyword to more than one page of your content.
Create a Content Plan That Includes Your Keywords. Match your content to the keyword search intent, and determine where your content fits in your sales funnel.
Write a Title That Includes the Main Keyword. Your title should be appealing to both search engines and audiences. Keep the primary keyword near the front of the headline for search engines.
Include the Title in the H1 Tag. Wrap your title in an H1 title tag. This tells search engines that the copy is a description of your content.
Use Each Related Keyword at Least Once in Each Body Paragraph. You want a two to three keyword density. A good practice is to use keywords two to three times per 100 words.
Write Long Form Original Content. Aim for at least 800 words, providing a comprehensive post that helps people solve a pain point.
Set Outbound Links to Open in a New Page. Outbound links allow new websites to open in a different page so your website is still up.
Add Internal Links in Targeted Anchor Text. Internal linking helps

Write High-Quality Content at an Eighth Grade Reading Level. Your number one focus should be your readers. Content should be useful, valuable, easy to understand, and well written.
Make Your Content Easy to Scan. Break down content into sections with descriptive subheadings, use bullet points for list information, and highlight important points using bold formatting.
Use Keywords in One Subheading and the First and Last Paragraph. Show search engines your content is closely related to your topic by adding your keyword at the beginning and end of your post.
Add an Image or Two. This makes your content more interesting and helps break up your text.
Add Main Keywords to Alt Text. Alternative text gets crawled by search engines and helps them to understand what is in the image content.
Size Images Properly. Large pictures slow down your website. Make them an appropriate size to speed up load times.
Write a URL With Your Main Keyword. Avoid adding stop words, special characters, or unnecessary words in the URL.
Add an Optimized Meta Description. Meta descriptions describe what your content is about and help search engines to understand the content. This blurb is displayed on the SERP.
Add a Structure Data Markup. Structured data or schema markups are extra code that help specific categories of copy to be recognized by search engines. This can lead to a boost in SERP visibility.
Include Social Sharing Links. Content is easier to find when it is optimized for search and social.
Check Your Work and Proofread Your Content. Proofread it and fix mistakes to maintain professionalism and authority on your content topics.